





## What is Safe Routes to School?

- Nationally: initiative committed to encouraging students to walk/bike to school & making it safe, convenient, and fun for students to do so.
- Aims to
  - Improve student safety
  - Help students meet recommended daily physical activity
  - Support development of independent healthy children







#### Safe Routes to School MTC-STAY Quick-Strike Grant

#### SRTS Quick Strike by the numbers

Task A

| Deliverable   | Initial Proposed                     | Actual   | Participants   |
|---|--------------------------------------|--|----------------|
| Bike rodeos for K-8<br>students                               | 14 rodeos                            | 16 rodeos  | 1,983 students |
| Engagement for Bike<br>Month and Walk & Roll<br>to School Day | 14 schools (7 schools x 2<br>events) | 69 schools (varying<br>school numbers x 3<br>events) | 3,161 students |



### SRTS Quick Strike by the numbers

Task B

| Deliverable                                       | Initial Proposed | Actual    | Participants                                  |
|---|------------------|-----------|---|
| Safety Summits at Napa<br>County school sites     | 7 summits        | 7 summits | 49 attendees (24<br>became SRTS<br>champions) |
| Develop & support a<br>SRTS Advisory<br>Committee | Y/N              | Y         | 12 committee members                          |







### SRTS Quick Strike by the numbers

Task C

| Deliverable  | Initial<br>Proposed | Actual      | Participants   |
|--|---------------------|-------------|--|
| Bilingual Family<br>Biking Workshops   | 9 workshops         | 6 workshops | 33 participants  |
| Community events<br>to<br>support/encourage<br>new riders                          | 6 events            | 14 events   | 272 participants   |
| Support local<br>agricultural &<br>hospitality workers<br>with safety<br>education | Y/N?                | Υ           | Developed<br>bilingual guide to<br>biking Napa<br>Valley |



Total Served: 5,510

### **Bike Rodeo Evaluation Results**

"How would you rate the bike rodeo **overall**?" **4.42/5** 



"In general, do you think the bike rodeo built the children's **confidence** riding a bike?" **4.3/5** 





"In your opinion, did the children who participated in the bike rodeo have fun?" 3.79/4



"Do you think the bike rodeo increased the children's **awareness** of bicycle-related **traffic rules**?" **3.58/4** 



### Bike Skills Rodeo/FBW Evaluations

"How would you rate the bike rodeo overall?" 4/5 (Very Good)



"After this bike rodeo,
how would you describe
your level of confidence
in riding a bike?"
4.33/5 (More than
"somewhat more
confident")





"After this bike rodeo, how
frequently do you
think you will ride a bike?"
4/5 (More often)



"Because you attended the workshops, did your bike riding skills change?" 4.33/5 (More than "somewhat more skilled")



#### **Quotes/Testimonies**



"Students enjoyed riding bicycles and scooters and learned/gained more knowledge about safety rules. It was an engaging event for them." -Bike rodeo evaluation

"The kids and staff absolutely LOVED NCBC's bike rodeos at our schools and at the Boys & Girls Club. Our city is safer having confident youth riders who understand the rules of the road."

-Officer Melissa Brown, School Resource Officer St. Helena Police Department





"So fun!" "Best day." "Can we do it tomorrow?" –Student responses included in bike rodeo evaluation







#### **Quotes/Testimonies**

"Our Walk and Roll event this morning was a real success! Thank you for providing all the prizes, materials, and continuing to organize these events for the schools." –Alta Heights Elementary staff

"We had a great turnout of riders this year, with several families walking and biking in. Everyone really appreciated the snacks and lights! We look forward to participating again next year." –Browns Valley Elementary Staff





"Napa County Bicycle Coalition has become a strong partner with the Napa Police Department in advocating for bicycle safety throughout the County. Providing schoolchildren with important education on riding and walking to school simply would not happen without NCBC's leadership. Everyone benefits from knowing the rules of the road and having a safe way to get there." –Sergeant Aaron Medina, Traffic Bureau, Napa Police Department



"On Sunday, [Vine Trail] use count at the Tulocay Bridge was 930 vs 263 on Saturday... so lots of folks going to BIKE FEST on the VINE TRAIL." –Vine Trail staff



# **Overall Highlights & Challenges**

#### • Highlights

- Numbers reached and deliverables exceeded
- Skills, knowledge, and confidence built
- High-needs focus
- Countywide participation and representation
- Strong partnerships Napa Valley Forward, Blue Zones, Family Resource Centers, etc.





- Challenges
  - Weather long, rainy winter caused cancelled events
  - Family Biking Workshop engagement
     low sign-ups or many no-shows
  - Balancing school time for rodeos with curriculum & other grade schedules









#### Thank You!

**Questions**?





Kara Vernor Executive Director kvernor@napabike.org (707) 258-6318

Carlotta Sainato Program Manager csainato@napabike.org (707) 258-6317